



Things to do before you are 14 & 16

The Discoverer



- Bake a cake
- Visit a museum
- Build a sandcastle/snowman
- Stargaze
- Learn a magic trick
- Learn Calligraphy
- Learn how to say hello, goodbye and thank you in 3 languages
- Learn a new skill
- Learn how to braid hair
- Read a newspaper (paper) article
- Go on a boat
- Visit a different country
- Complete a book series
- Cook a dish from another country
- Learn to fix a puncture on a bike
- Know basic information about 3 careers that suit you
- Know how to perform basic first aid: recovery position & CPR
- Plan a trip with friends

The Adventurer



- Go to a concert
- Go for a hike
- Fly a kite
- Make and bury a time capsule
- Visit a place of worship
- Try 10 different ice cream flavours
- Go to a beach
- Watch the sunrise/sunset
- Go to the Zoo
- Visit 3 places of local interest
- Find your way across a new city using public transport
- Safely climb a tree



The Challenger

- Receive a certificate
- Pick up litter
- Make your bed every day for a month
- Go 24 hours without a screen (Digital Detox)
- Plan a family day out
- Lead others in an activity
- Read a book to a younger child
- Volunteer for something useful
- Represent the school in an event
- Raise money and donate to charity
- Save some money
- Help with a school event
- Wash your own clothes in the washing machine
- Swim 50m
- Do the dishes after a family meal
- Plan a revision timetable for your exams
- Do your own laundry
- Lead a younger year group in an activity



The Champion

- Partake in a sports tournament
- Plant it, grow it, eat it
- Plant a tree
- Write a letter to the King or MP
- Go for a run
- Take part in a competition
- Make someone a gift
- Try out for a team
- Try a new club/activity
- Help an old person carry their shopping
- Enter a competition
- Help change a tyre on a car or mend a puncture on a bicycle